



# Employee Assistance Program

Precedence Inc.

*Available to all employees.*

Life. Just when you think you've got it figured out, along comes a challenge. This safe and confidential program is here for you and can help you and your family find solutions and peace of mind.

## Confidential Support

- Alcohol or substance abuse
- Childcare
- Eldercare
- Financial problems
- Gambling addiction
- Grief and loss
- Job pressures
- Mental health
- Legal concerns
- Relationships

Connect with a counselor.

**800-383-7900**

## Receive up to 5 FREE counseling sessions each year!

If you need additional support, the EAP team will try to refer you to resources that are affordable or covered by your medical insurance.