

**Young people
account for half of
the 20 million STIs
contracted annually**

**People who receive
sex education have
sex for the first time
sooner than those
who don't**

**Half of states
require that sex
education be
medically accurate**

**5 states require only
negative information
be provided on
homosexuality in sex ed
curriculum**

**19 states require
instruction on the
importance of only
having sex within
marriage**

In 2006, 89% of people surveyed in North Carolina supported comprehensive sex education

Male teens are more likely than female teens to have received instruction on methods of birth control

**More teens receive
formal education on
how to say no to sex
than on methods of
birth control**

**More than 95% of all
US teens receive some
“formal” sex education
before they turn 18**

**Abstinence-only
programs have some
evidence of
effectiveness**

true!

However, young people are only 25% of the sexually active population! And being a person of color, LGBTQ+, or low-income increases your risk of getting an STI.

source: NCBI

true :(

Beyond not including LGBTQ+ identities in sex ed, some states still mandate portraying homosexuality as negative and/or heterosexuality as preferred.

source: Guttmacher Institute

true

**the states that mandate this
require this idea to at least be
provided.**

source: Guttmacher Institute

true!

**Support for comprehensive sex ed
is more widespread than we
sometimes think! States' programs
do not always reflect the views of
their citizens.**

source: Planned Parenthood

true

Unfortunately, many sex ed programs are still focused on preventing teens from having sex rather than educating them on safe ways to do so.

source: CDC

true!

**Most people are receiving sex ed,
but the effectiveness of their
instruction is another question.
"Formal" means provided by some
institution rather than by
guardians.**

source: CDC

false!

**Research shows the opposite:
people who receive sex ed.
actually tend to delay having sex
for the first time.**

source: NCBI

false :(

**Only 18 states require sex ed to
be medically accurate.**

source: Guttmacher Institute

false

A CDC study found that male teens are less likely (62%) to receive instruction on birth control methods than female teens (70%).

source: CDC

false!

Unlike comprehensive sex ed programs, abstinence-only programs do not decrease rates at which teens have sex, get pregnant, and transmit STIs.

source: NCBI