

# IMPORTANT RESOURCES



When it comes to Safer Sex resources, there are lots of services available to you!

## Health Services

health@knox.edu  
309-341-7559  
175 W. Knox St.  
Furrow Hall  
Mon - Fri 9am - 4:30pm

They provide:

Physical exams including breast and pelvic exams, one free STD screening, pregnancy tests, emergency contraception, and condoms.

They can also prescribe birth control pills, which can be purchased at a local pharmacy.

## Family Planning

309-343-6162  
familyplanningservice.net  
ashley@familyplanningservice.net  
311 E. Main St., #409

Some services provided include:

Well Women Check Ups  
FDA Approved Birth Control Options  
Male Reproductive Health Services  
Gynecological Exams  
Pregnancy Testing & Options  
Education  
STD Testing and Treatment

## Counseling Services

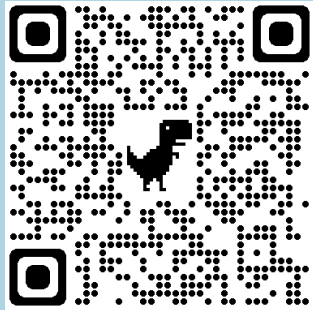
counseling@knox.edu  
309-341-7492  
175 W. Knox St.

Some services provided include:

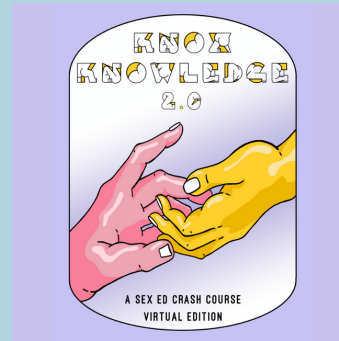
Individual counseling  
Couples counseling  
Group counseling  
Crisis sessions  
Advocacy  
Light Therapy



Want to learn more about healthy relationships and sexuality?



Sexual Health  
Resources



Knox Knowledge,  
Sex Ed Zine  
[shorturl.at/crCEU](http://shorturl.at/crCEU)