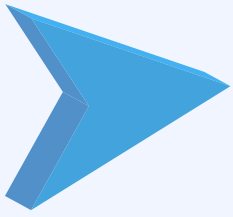




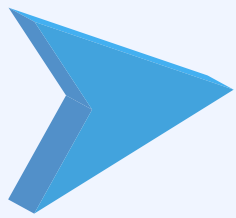
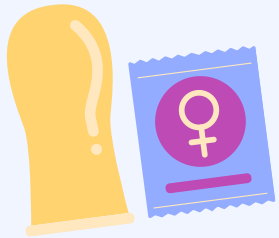
#TalkAboutItTUESDAY

HOW CAN  
WE HAVE  
SAFER SEX?



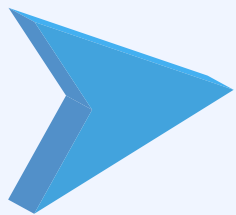
## Have a plan.

If you're planning or even just thinking about having sex in the near future, it's good to be prepared. There are lots of different contraceptive options, so do some research to decide what is best for you. If you have specific questions, Family Planning in Galesburg is a great resource.



## Know and communicate your STI/STD status.

Pro tip! Health Services offers free STI/STD testing for all students. Email them at [health@knox.edu](mailto:health@knox.edu)



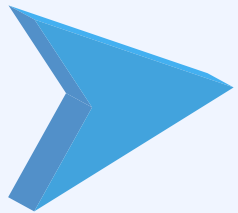
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It's never a bad idea to explore and become more comfortable with your own body. It can help inform what you like and don't like- and help you better recognize when something is wrong.



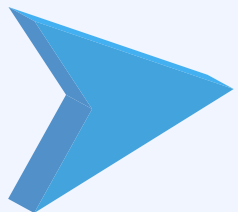
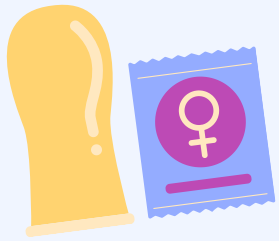
**#TalkAboutItTUESDAY**

# HOW CAN WE HAVE SAFER SEX?



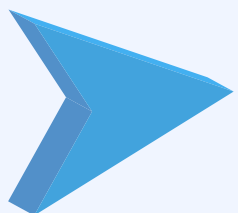
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